

Principal's message

Congratulations to Fleur - you can still donate

We would like to congratulate Fleur, one of our parents, who completed the 22 km Ultra Trail Australia run in the Blue Mountains today. And a big thankyou to Fleur who has kindly chosen to dedicate this run to our beautiful school by raising money through her "Go Fund Me" page. You may still show your support for Fleur by clicking on the link below to make a donation. Thankyou for donations already made, so far she has raised over \$800 of her \$1000 goal for the school.

https://www.gofundme.com/raise-money-for-como-public-school?utm_source=facebook&utm_medium=social&utm_campaign=fb_co_dashboard_w



The school is holding a "colour run" for students and families next week on Thursday 23 May in conjunction with Fleur's fundraiser. Please see the note that was sent home last week for more details.

School uniform

This term the weather has continued to be unseasonably warm throughout the day and the students have been able to wear either the summer or winter uniform to accommodate this. From **Monday 3 June** all students are expected to wear their full winter uniform to school.

An outline of winter uniform items and a pricing list is attached in this newsletter for your reference. Purchases from the uniform store can be made through the school office at any time or Tara is available on Monday's before and after school at the uniform shop in the 1/2 block. Alternatively there are many pre-loved items available through a swap and go system in the uniform shop.

Girls who choose to wear tights with tunics are reminded that only "grey" coloured tights are to be worn. All students are to wear **only** the Como PS red bucket hat or peak cap to school, these can be purchased from the uniform shop for \$15 each. Please ensure all clothing items are clearly labelled with your child's name.

Sunscreen

We have recently purchased large 30+ cancer council sunscreen pump containers for all classrooms and the staffroom. These will be mounted on the walls and students will be able to access the sunscreen throughout the day. The teachers will monitor and encourage usage. However, if you do not wish for your child to use this sunscreen while at school and have alternative arrangements in place to keep them sun-safe, please notify your child's class teacher in writing.



Enrolments now open for Kindergarten 2020

Enrolments are now open for children starting Kindergarten in 2020. If you have a child starting school next year, please visit the office or go to the school website to get an enrolment form and return it asap. We will be holding a school tour on the morning of **Tuesday 2 July 10:30—11:30 am** for any interested enrollees. Please pass this information onto any friends/family or neighbours who may also have a child starting school next year.

3 way interview survey

We greatly value your feedback and would like some information on your experience with the 3-way interview and goal setting process. Please click on the link here to complete the survey, it will take no more than 1 minute to do. <https://www.surveymonkey.com/r/HDRBGDL>

The survey will close on Thursday 23 May. Thank you for your participation and assistance in improving programs in our school.

Extended leave

From Tuesday 28 May until Monday 24 June, I will be on extended leave. Mrs Lilly Morabito—Assistant Principal of Bangor Public School will be relieving in my absence. Mrs Morabito has worked closely with CPS staff in the past on improving their practice and curriculum. She is a highly experienced leader and will continue to follow the school's regular routines with support from the staff.

NAPLAN

Congratulations to the Year 3 and Year 5 students who completed NAPLAN this week. Well done to their teachers for ensuring the students were well prepared, relaxed and enthusiastic each day.

Amphitheatre works

The building work on our amphitheatre by students and teachers from Padstow TAFE began this week. This work is expected to be completed within a month.

Community grant

This week the P&C and the school submitted an application for a NSW Government Community Grant to build a shade structure over the basketball court area. This structure will provide the school and community users with much needed shelter from the weather and protection for our resurfaced playground. The public can vote for our application online to increase our chances of securing the grant. Once we have more details on how to vote we will let you know.



Zone Cross Country

Congratulations to the zone cross country representatives who participated in the carnival on Monday at Miranda Park. I am very proud of the exemplary sportsmanship and tenacity shown by all our runners on the day. Thank you to Ms. Morton for her organisation and the wonderful parents who assisted with transport, manning the CPS tent and supporting the students.

Interrelate talks offered this term

On **Wednesday 5 June**, Interrelate will be providing two evening information sessions for Years 3, 4, 5 and 6 students and parents/carers. This will be held in the 3/4 classroom.

6:00 - 7:00 pm Session 1: Where did I come from? \$32 per family for just this session and

7:15 - 8:15 pm Session 2: Preparing for puberty. \$37 per family for both session 1 and 2.

A note has been sent home to Year 3 –6 students this week and is also attached here in the newsletter.

Congratulations!

Well done to our canteen manager Mrs Best who has worked hard to achieve the status of a **Healthy School Canteen** for Como PS.

I would like to thank Mrs Best for her very important contribution to supporting the health and wellbeing of our students.

The NSW Healthy School Canteen Strategy is a key initiative to support the Premier's Priority to tackle childhood obesity. Having a healthy canteen means that our students are more likely to develop healthy eating habits that will have a long-term impact on improving their lives.

To recognise our achievement, we are one of the first schools in the area

to be awarded the Healthy School Canteen Badge and Certificate. Our school's name has also been added to the Premier's Priorities website to celebrate our success.



Mother's day stall

Thank you to the Mum's who kindly donated their time to purchase gifts, wrap presents and hold a stall at the school for the students last week. There were lots of variety to choose from, we hope Mum's at home enjoyed their lovely surprises and special day last Sunday.

Nicole Gilmore

Principal

Walk safely to school

Today students and teachers walked around the local area in support of the Walk Safely to School Day.



Zone Cross Country

A massive congratulations to all 19 students who competed in the Zone Cross Country at Miranda Park on Monday 13 May.

The way the students behaved and conducted themselves throughout the afternoon was exemplary. The Zone convenor was very impressed that Como PS was well represented this year and even though none of our students made it to District all our runners did the school proud.

Thank you to the parents that assisted on the day, with a special mention to Mrs Richardson. I really appreciated your help in putting up and taking down the gazebo including looking after the students while I was assisting on the course.

Ms Morton

The Fathering project—Paper planes and pizza night

Thank you to everyone who has responded to our paper planes and pizza night on Tuesday 21 May at 5pm -6pm.

Unfortunately we are now full and are unable to take anymore registrations for the night.



Permission Flyer

Session 1: Where Did I Come From?

Time: 6:00pm

Audience: Year 3 and 4 students and their parents/carers

Sessions: 1 x 60-minute session

Program focus:

Discuss the male and female reproductive systems, foetal development and the birth process

Personal safety and protective behaviours

Note: Older students are encouraged to attend if they have not previously seen this program.

Session 2: Preparing For Puberty

Time: 7:15pm

Audience: Year 5 and 6 students and their parents/carers

Sessions: 1 x 60-minute session

Program focus:

Discuss the physical changes of puberty, emphasising that it can be different for everyone

Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls

Enhance awareness of children's personal safety and protective behaviours

Note: Younger students are welcome to attend at the discretion of their parents/carers.

Family cost: 1 session \$32 per family | 2 sessions \$37 per family

Please note that this cost is GST inclusive

Where: Como Public School in the 3/4 classroom at Como PS

When: Wednesday 5 June 2019

Please complete and return to your school by Friday 31 May 2019 with cash/cheque payment in an envelope or details of your online payment below (please make cheques payable to Como Public School)

Family name: _____

No. attending: Session 1: Where did I come from? _____ Session 2: Preparing for puberty _____

in Interrelate's '**Family Evening Program Bundle 2**'. Enclosed is my payment of \$ _____ or

14 May 2019

Sutherland Shire Schools Music Festival 2019

Tickets on Sale

Dear Parents/Caregivers

Our school is once again participating in the Sutherland Shire Schools Music Festival at the Sutherland Entertainment Centre (SEC) in August. Tickets for this event will only be available online. This year the sale date for concerts will be staggered.

Tickets for our Concert 8 Imbruglia go on sale on Friday 14 June 2018

On this day, tickets will be available to anyone wishing to purchase on a first-in, first served basis. As tickets traditionally sell out for some of the concerts, we recommend you order yours as early as possible. In the unlikely event that there are unsold tickets for a particular concert, these will be available at the box office on afternoon/night of the concert.

Tickets this year are \$19.50. Due to health and safety regulations, **the Sutherland Entertainment Centre will not allow children to sit on parents' laps**. Each person attending the concert will require a ticket.

The Sutherland Entertainment Centre will be managing the sale of tickets this year. To order and purchase tickets, go to: <http://www.suthentcent.com.au> and then select the "Sutherland Shire Schools Music Festival" link

There will be fifteen concerts available to purchase tickets to, so it is **very important** that you select the correct concert – **Concert 8 - Imbruglia**.

Our school will be participating in the following concerts:

Group/s	Concert/s	Performance Dates	Tickets on sale from
Junior Choir (Year 2 and Year 3) 1- 6 Dance ensemble	Concert 8	Matinee 1pm, Tuesday 20 August Evening 7pm, Wednesday 21 August	Friday, 14 June

When your booking is complete you will have the opportunity to print your tickets. We strongly recommend that you do so and then keep these in a safe place. You will require these tickets on the night of the concert for entry. If you are unable to print your own tickets, you can show your PDF ticket on your device (eg phone/ tablet) on the night to the usher.

When ordering your tickets, you will have the opportunity to pre-purchase a printed program for \$5.00. This program contains all of the concerts as well as artwork by students from the Shire and makes a wonderful souvenir. Your pre purchased program/s will be delivered to the school prior to the event.

If you have any questions about this please contact the school.

Kind regards,

Raquel Morton and Lauren Patterson
Coordinating Teachers

Nicole Gilmore
Principal

Money & Consent Notes Due

Date Sent home	Who for	What for	Note / Payment/ Action required by	Amount
22 February	K-6	Learning resources, general contributions and general consent forms	Overdue	Various
11 March	K-6	Emergency contacts and information	Overdue	Nil
20 March	5-6	Stage 3 Canberra/Snowy Mountains camp	Overdue	\$100
26 March	Y6	2019 Year 6 memento shirt	Overdue	\$47
27 March	2-3	Sutherland Shire schools Music Festival 2019	Overdue	\$30
28 March	3-6	PSSA Soccer	Overdue	\$55 \$60 with socks
4 April	K-6	Class Dancing Program	Overdue	\$50
10 April	3-6	PSSA Socks	Overdue	\$11 (\$6 if \$5 paid already)
30 April	1-2	Dance Ensemble	Overdue	\$95
3 May	K-6	P&C fundraiser Colour Run	23 May	\$7 chd



Dear Dads

Listening

- Don't boomerang discussion back to yourself
- Become curious about their music and interests
- Ask questions about their favourite websites and about their friends
- Listen even when you are afraid to hear what they want to tell you
- Don't criticise or judge

Quality education in a caring environment

COMO

PUBLIC SCHOOL

Genoa Street, Como NSW 2228
Phone: 9528 9003 Fax: 9528 3407
como-p.school@det.nsw.edu.au

Newsletter

TERM 2 WEEK 3

Riverview markets Sunday 9 June 2019



**riverview
market**
AT COMO







TIME	VOLUNTEER POSITION	
7.00 – 8.00 am	Assisting Market Coordinator with opening: Katherine D	
	CANTEEN	BBQ
8.00 - 10.00 am	Rochelle K Jennifer R	<i>Volunteer needed</i> <i>Volunteer needed</i>
10.00 - 12.00 pm	Renee L Laura P	<i>Volunteer needed</i> <i>Volunteer needed</i>
12.00 - 2.00 pm	Annie S <i>Volunteer needed</i>	<i>Volunteer needed</i> <i>Volunteer needed</i>
2.00 - 3.00 pm	Assisting Market Coordinator with closing: <i>Volunteer needed</i>	
Signs before & after market:	Tara & Nick	

School Community Calendar Term 2

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	May 20 Awards assembly	May 21 Class Dancing Dance ensemble rehearsal Fathering Project 5.00-6.30pm CPS	May 22 Soccer training	May 23 Colour Run	May 24 Sport PSSA soccer
5	May 27	May 28 Class Dancing Dance ensemble rehearsal	May 29 Soccer training	May 30	May 31 Sport PSSA soccer
6	June 3 Awards assembly	June 4 Class Dancing Dance ensemble rehearsal	June 5 Soccer training	June 6	June 7 PSSA soccer
7	June 10 Queen's Birthday	June 11 Class Dancing Dance ensemble rehearsal	June 12 Soccer training	June 13 Fathering Project Gyrnea Tradies- dads group	June 14 Sport PSSA soccer
8	June 17 Awards assembly	June 18 Class Dancing Dance ensemble rehearsal	June 19 Soccer training	June 20	June 21 Sport PSSA soccer
9	June 24	June 25 Class Dancing Dance ensemble rehearsal	June 26	June 27 Stamp out Bullying performance	June 28 Semester 1 reports home PSSA soccer
10	July 1 Bandfest TBC Awards assembly	July 2 Bandfest TBC Class Dancing SSSMF ½ day rehearsal Dance ensemble rehearsal	July 3 Small Schools Athletics carnival	July 4	July 5 Last day Term 2 PSSA soccer

Parent/Guardian Name: _____ Phone: _____

Child/ren Name: _____ Class/es: _____ Email: _____

Summer	Winter	Uniform Items	Price	Gty	Size	Total
		Summer Tunic (sz 4,5,6,8,10,12,14,16)	\$50.00			
		Winter Tunic (sz 4,5,6,8,10,12,14,16)	\$50.00			
		Warm Grey Tights (sz 4-6, 7-10, 11-14)	\$10.00			
		Como Red Short Sleeve Polo Shirt (sz 4,6,8,10,12,14,16)	\$20.00			
		Grey School Short (sz 4,6,8,10,12,14,16)	\$18.00			
		Grey School Skort (sz 4,6,8,10,12,14,16)	\$18.00			
		Como Red Long Sleeve Polo Shirt (sz 4,6,8,10,12,14,16)	\$22.00			
		Boys Grey Trousers (sz 4,6,8,10,12,14,16)	\$22.00			
		Girls Black Pants (sz 4,6,8,10,12,14,16)	\$27.00			
		Como White Short Sleeve Polo Shirt (sz 4,6,8,10,12,14,16)	\$20.00			
		Red Rugby Shorts (sz 4,6,8,10,12,14,16)	\$17.00			
		Como White Long Sleeve Polo Shirt (sz 4,6,8,10,12,14,16)	\$22.00			
		Black Microfiber Track Pants (sz 4,6,8,10,12,14,16)	\$29.00			
		Como Track Top (sz 4,6,8,10,12,14,16)	\$22.00		One Size	
		Como Fleecy Zip Jacket (sz 4,6,8,10,12,14,16)	\$28.00		One Size	
Como Microfiber Broad Brim Hat (S/M 55-57cm, M/L 57-59cm, L/XL 59-61cm)			\$15.00			
Turn down ankle socks (Girls/White or Boys/Grey, 5 pack - Shoe Sizes 9-12, 13-3, 2-8)			\$18.00		Summer / Winter	
Hair Scrunchies (Summer or Winter)			\$3.00		Summer / Winter	
Como School Bag			\$49.00		One Size	
Como Library Bag with strap			\$16.00			
Como Excursion/Swim/Sports Bag			\$15.00		Summer / Winter	
Lunch Wallet			\$12.00		NA	
Poncho			\$16.00		Red/ Clear	
Total						
<p>Ordering and Payment: The Uniform Shop is open Monday afternoon from 3.15-3.30pm. Outside of this, completed order forms <u>with correct payment</u> may be handed in at the School Office. Orders are collected weekly and will be sent home with your child (provided items are paid for and in stock). Payment options are;</p> <ul style="list-style-type: none"> Cash - please ensure correct money is included with your order, Cheque - made payable to "Como Public School P and C", EFT - transfer full amount to "Como Public School P and C", BIB: 062-177 Acct: 10308824. Please include your child's full name in comment and attach a printed copy of your transfer receipt or notate date and receipt number to the order form. 						
<p>Refund and Exchange Policy: Items may be returned for refund or exchange within one month of purchase provided they are unworn, unused and in original condition with tags attached. No refunds on preloved items.</p>						

Office Use Only

Order Received:	Payment & Method: CASH CHQ EFT	Receipt No:	Items Taken / Sent with Child / In Office for pick up	Payment Recorded: Stock Tracking:
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Community News

Como Preschool

Rated Exceeding National Quality Standard

Vacancies exist for children 3 to 5 years - hours 8.00am to 4.00pm

Families are welcome to visit anytime for a tour of the centre

PHONE: 9528 7306

WEBSITE: www.comopreschool.com.au

Advertising



Instrumental Music Lessons
On School Campus!



Small Group & Private Lessons

- Primary Music Institute offer instrumental music lessons right here on school campus!
- To find out all about the music lessons please visit PMI's website. You can check which instruments are available, get up to date program details and apply for lessons online
- Please **ENROL TODAY** via PMI's website
- Lessons are held once per week on school campus – with lessons typically during school hours
- Only \$16.95 per child per small group lesson (2-5 students for 30 minutes)
- Our small group lessons provide a fun and affordable opportunity to learn instrumental music
- Private lessons (1-on-1) and pair lessons (max 2 students) are also available
- Instrumental music can improve your child's school results – including for reading, maths, coordination, IQ, abstract reasoning, performance confidence... and is great fun!

P: 1300 362 824 E: admin@primarymusicinstitute.com.au www.primarymusicinstitute.com.au

Quality education in a caring environment

Australia's **Biggest Morning Tea**

**Every dollar raised helps support
those impacted by cancer.**

When: Wednesday 22nd May 2019

Where: Jannali Before & After School Care Centre

Time: From 7.00am

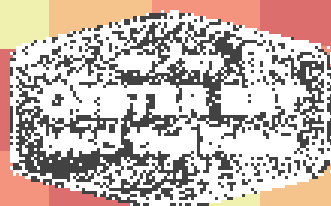
Details: All welcome!

If you can't make it, please consider a gold coin donation to

support the Cancer Council

biggestmorningtea.com.au





SATURDAY 25TH MAY & SUNDAY 26TH MAY 2019

• 10AM TO 4PM •

ADMISSION: ADULTS \$2.00 • PENSIONERS \$1.00 • CHILDREN FREE

COME ALONG AND HELP US CELEBRATE OUR 49TH YEAR OF THE FESTIVAL!

OYSTER BAY PUBLIC SCHOOL
INFANTS SITE
PHILLIP STREET

RIDES INCLUDE:

- Dodgem Cars • Giant Slide
- Crazy Maze • Haunted House
- Top Gun • And Many More

SPECIAL ACTIVITIES INCLUDE:

- Face Painting • Crazy Hair And Nails

CRAFTS INCLUDE:

- Hand Crafted Jewellery
- Photographic Art • Jams And Preserves • Soaps And Candles

- MINI DONUTS
- DEVONSHIRE TEA
- ICE CREAM
- SCHOOL STALL
- BAY BAKERY
- SHOW BAGS
- PLANT STALL
- KIDS ART

- AUCTIONS
- ART EXHIBITION
- BOOKS
- FOOD AND DRINKS
- HANDMADE CRAFT
- ENTERTAINMENT
- RAFFLES

SATURDAY ENTERTAINMENT

10.00	Welcome
10.30	Inspiration Dance
11.00	Do Re Mi Studios
12.10	Gymea Technology High School
1.00	The Jannali High School
2.00	Ettingshausens Dance School
3.00	Close of Entertainment

Program schedule is subject to change without notice



- EFTPOS AVAILABLE
- ATM on-site

VISA



SUNDAY ENTERTAINMENT

10.00	Welcome
10.30	United Taekwondo
11.30	Kids Auction
12.00	Auction Part 1
12.30	OBPS Training Band
12.50	OBPS Performing Band
1.10	OBPS Junior Choir
1.15	OBPS Combined Choir
1.20	OBPS Senior Choir
1.25	Auction Part 2
1.45	OBPS Year 1 Dance
1.50	OBPS Year 2 Dance
1.55	OBPS Year 2 Boys Hip Hop
2.00	OBPS Year 3-4 Dance
2.05	OBPS Year 4-5 Dance
2.10	OBPS Year 6 Dance
2.15	OBPS Yrs 3-6 Boys Hip Hop
2.35	OBPS Kindy Song Performance
3.05	Raffle Draw
3.15	Close of Entertainment

For more information go to www.oysterbayartandcraft.com.au



Seasons for Growth

This is an eight-week program for children aged 6 to 12 years that have experienced grief and loss in their lives due to a significant change such as death, separation of parents or a natural disaster.

Children will learn:

- to understand and talk about the normal range of emotions experienced during major change, grief and loss
- how to build positive relationships with family and friends
- how they can participate in a caring and confidential network of peers and adults
- about resiliency
- how to plan for a realistic and hope-filled future

Mondays, 4:00pm – 5:00pm

6 May | 13 May | 20 May | 27 May

3 June | 17 June | 24 June | 1 July 2019

Cost: \$50 per child

Venue: Caringbah Interrelate

Address: 383-385 Port Hacking Rd., Caringbah

Bookings Essential – Phone 8522 4408

Note: This program is developed by Good Grief and facilitated by Interrelate



Parents not Partners

This is a six-session program for separated parents in conflict over their children. It is designed to improve emotional and developmental outcomes for children in separated families by:

- raising parents' awareness of the impact on their children of the ongoing conflict in their family
- providing them with knowledge, tips and strategies to be able to focus on their children rather than on their issues or conflicts with the other parent

Parents will learn:

- ways to better regulate their emotions and to self-care
- ways to help their children manage their emotions
- to recognise the effects of ongoing, mismanaged conflict on children
- skills to better manage conflict with the other parent
- to reorient interactions with their child's other parent to be respectful and cooperative
- to recognise and differentiate between their own and their children's individual needs
- skills to communicate effectively with the other parent
- to reflect on their behaviour and make changes where needed

Mondays, 6:30pm – 9:00pm

29 April | 6 May | 13 May

20 May | 27 May | 3 June 2019

Cost: \$150

Family Relationship Centre

383 Port Hacking Road South, Caringbah 2229

Bookings Essential – Phone 8522 4450